

BALSAMIC VINAIGRETTE	2.5 oz	310	32	3.5	0	0	470	7	0	5	1	X	X	X	X	
BBQ RANCH	2.5 oz	170	14	1.5	0	0	510	10	0	8	1	X	X		Milk	
CAESAR	2.5 oz	340	37	5	0	35	680	3	0	1	3				Milk, Eggs, Fish, Soy	
CREAMY BLUE CHEESE	2.5 oz	320	32	9	0	20	430	4	0	1	3	X	X		Milk, Eggs	
GREEK	2.5 oz	220	22	5	0	20	360	4	0	1	4				Milk, Eggs	
JALAPEÑO RANCH	2.5 oz	230	24	2.5	0	0	460	3	0	1	2	X	X		Milk	
KOREAN BBQ VINAIGRETTE	2.5 oz	360	37	4	0	0	420	10	0	8	1	X	X	X	Soy, Sesame, Tree Nut	
LEMON BASIL VINAIGRETTE	2.5 oz	280	29	3	0	0	260	8	0	7	1	X				
RANCH	2.5 oz	220	23	3.5	0	10	410	2	0	1	2	X	X		Milk	
THAI PEANUT	2.5 oz	300	27	4	0	0	250	10	1	6	4				Fish, Peanuts, Soy, Sesame	
EXTRA VIRGIN OLIVE OIL	1 oz	230	26	4	0	0	0	0	0	0	0	X	X	X		
BALSAMIC VINEGAR	1 oz	30	0	0	0	0	0	6	0	6	0	X	X	X		
TRADITIONAL SALSA	1.5 oz	10	0	0	0	0	190	2	0	1	0	X	X	X		
SALSA VERDE	1.5 oz	15	0	0	0	0	80	3	0	2	0	X	X	X		
SPICY ADOBO	2.5 oz	180	18	5	0	20	630	4	0	2	2	X	X		Milk	

INDIVIDUAL INGREDIENTS

PROTEINS

SLOW-ROASTED PULLED CHICKEN	3 oz	90	1.5	1	0	55	350	1	0	0	18		X	X	
BUFFALO CHICKEN	3.95 oz	160	10	2	0	55	1270	2	0	1	17		X		Milk
STEAK	2.5 oz	140	7	3.5	0	40	150	0	0	0	18		X	X	
TOFU	3.3 oz	140	4.5	1	0	0	640	14	2	6	10	X	X	X	Soy, Sesame, Tree Nut
SHREDDED BEEF	4 oz	180	9	5	0	90	470	2	0	1	23				

CHEESES

BLUE CHEESE	.7 oz	70	6	4	0	15	210	1	0	0	4	X	X		Milk
FETA	.8 oz	60	5	3.5	0	20	250	1	0	1	3	X	X		Milk
PARMESAN (SHAVED)	.5 oz	60	4.5	3	0	15	230	0	0	0	6	X	X		Milk
PEPPER JACK CHEESE	.7 oz	70	5	3	0	20	110	1	0	0	4	X	X		Milk

GREENS

ASIAN SLAW	4 oz	15	0	0	0	0	70	3	1	1	1	X	X	X	X
MIXED GREENS	3.5 oz	15	0	0	0	0	65	3	1	0	1	X	X	X	
ROMAINE	6 oz	30	0	0	0	0	10	6	4	2	2	X	X	X	

	SIZE	CALORIES	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	FIBER (g)	SUGAR (g)	PROTEIN (g)	Vegetarian	Vegan	Gluten Friendly	Dairy Friendly	ALLERGENS*
ROMAINE WITH MIXED GREENS	4.85 oz	25	0	0	0	0	40	5	3	1	2	X	X	X	X	
SPINACH	2.7 oz	20	0	0	0	0	60	3	2	0	2	X	X	X	X	

FRUITS, VEGGIES AND MORE

AVOCADO	1/2 each	60	6	1	0	0	0	3	0	0	1	X	X	X	X	
BACON	.9 oz	110	7	3.5	0	35	380	0	0	0	7		X	X		
BANANA PEPPERS	.7 oz	0	0	0	0	0	250	1	0	0	0	X	X	X		
BLACK BEANS, SPICY	1.52 oz	30	0	0	0	0	190	5	1	0	2	X	X	X	X	
BRUSSELS SPROUTS	1.9 oz	49	3	0	0	0	120	5	2	1	2	X	X	X		
CARROTS	.8 oz	10	0	0	0	0	15	2	1	1	0	X	X	X		
CELERY	1.1 oz	5	0	0	0	0	20	<1	0	0	0	X	X	X	X	
CRANBERRIES (DRIED)	.8 oz	70	0	0	0	0	0	18	0	16	0	X	X	X	X	
CROUTONS	.8 oz	100	3	0	0	0	280	16	0	0	3	X	X	X		Milk, Wheat
CUCUMBERS	1.5 oz	5	0	0	0	0	0	1	0	1	0	X	X	X	X	
EGG - HARD BOILED	1 egg	80	5	2	0	185	60	<1	0	<1	6	X	X	X	Eggs	
KALAMATA OLIVES	1.1 oz	50	5	1	0	0	510	1	0	0	0	X	X	X		
MARINATED CHICKPEAS	1.4 oz	70	3.5	0	0	0	220	8	2	1	3	X	X	X		
PECANS (CANDIED)	.8 oz	130	9	1	0	0	60	12	0	11	1	X			Milk, Peanuts, Tree Nuts	
PICO DE GALLO	1.6 oz	10	0	0	0	0	210	2	1	1	0	X	X	X	X	
POBLANOS - ROASTED	1 oz	20	1	0	0	0	0	3	0	1	<1	X	X	X		
RED CABBAGE	1.3 oz	10	0	0	0	0	10	3	1	1	<1	X	X	X		
RED ONIONS - PICKLED	1 oz	18	0	0	0	0	1	5	0	3	0	X	X	X		
RED ONIONS - FRESH	.9 oz	15	0	0	0	0	0	3	1	1	0	X	X	X		
RED PEPPERS - FRESH	2 oz	15	0	0	0	0	0	3	1	2	0	X	X	X		
ROASTED CORN	1.35 oz	40	1	0	0	0	0	7	2	3	1	X	X	X		
SWEET POTATOES	2.8 oz	54	2	0	0	0	265	7	1	6	1	X	X	X		
SWICY CARROTS	2 oz	45	1.5	0	0	0	180	9	2	5	1	X	X	X	Soy	
TOMATOES	1.7 oz	10	0	0	0	0	0	2	1	1	0	X	X	X		
TORTILLA STRIPS	.4 oz	50	3	0	0	0	15	6	0	0	1	X	X	X		
WATERMELON RADISH	1 oz	5	0	0	0	0	10	1	0	1	0	X	X	X	X	

WONTON STRIPS	.8 oz	110	6	0	0	0	180	0	0	0	3		X	Wheat, Soy
FLOUR TORTILLA (12")	1 each	300	9	3	0	0	810	48	2	1	8	X X	X	Wheat

	SIZE	CALORIES	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBONHYDRATES (g)	FIBER (g)	SUGAR (g)	PROTEIN (g)	VEGETARIAN	VEGAN	GLUTEN-FRIENDLY	DAIRY-FRIENDLY	ALLERGENS*
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BEVERAGES

CITRUS ZEN JUICE	24 oz	220	0	0	0	0	20	58	0	54	2	X X X X	X X X X		
GREEN REVIVER	24 oz	180	0	0	0	0	75	45	1	34	2	X X X X	X X X X		
ORANGE REVIVER	24 oz	140	0	0	0	0	70	33	1	27	1	X X X X	X X X X		
HOUSEMADE LEMONADE - TRADITIONAL	24 oz	270	0	0	0	0	10	73	0	69	1	X X X X	X X X X		
HOUSEMADE LEMONADE - CUCUMBER MINT	24 oz	180	0	0	0	0	50	49	0	46	1	X X X X	X X X X		
HOUSEMADE LEMONADE - BLUEBERRY BASIL	24 oz	230	0	0	0	0	15	62	0	58	1	X X X X	X X X X		
HOUSEMADE LEMONADE - FROZEN STRAWBERRY	24 oz	290	0	0	0	0	25	74	0	71	1	X X X X	X X X X		
FRUIT STAND LEMONADE - BLACKBERRY BRAMBLE	24 oz	320	0	0	0	0	20	86	0	82	1	X X X X	X X X X		
FRUIT STAND LEMONADE - SUMMER STONE FRUIT	24 oz	330	0	0	0	0	20	86	0	83	1	X X X X	X X X X		
FRUIT STAND LEMONADE - MANGO GROVE	24 oz	350	0	0	0	0	25	93	0	88	1	X X X X	X X X X		
FRUIT STAND LEMONADE - BLACK CHERRY ORCHARD	24 oz	350	0	0	0	0	15	91	0	87	1	X X X X	X X X X		
ICED TEA - BLACK	24 oz	0	0	0	0	0	20	0	0	0	0	X X X X	X X X X		
ICED TEA - MANGO GREEN	24 oz	0	0	0	0	0	20	0	0	0	0	X X X X	X X X X		
COLD BREW ICED COFFEE	24 oz	0	0	0	0	0	25	0	0	0	0	X X X X	X X X X		
TOasted MARSHMALLOW LEMONADE (includes 1 portion of Cold Foam)	24 oz	390	2.5	0	0	15	40	86	0	92	1	X X X X	X X X X	Milk, Soy	
TOasted MARSHMALLOW COLD BREW ICED COFFEE (includes 1 portion of Cold Foam)	24 oz	140	2.5	0	0	15	55	18	0	27	0	X X X X	X X X X	Milk, Soy	
CITRUS ZEN JUICE	16 oz	150	0	0	0	0	15	40	0	37	1	X X X X	X X X X		
GREEN REVIVER	16 oz	130	0	0	0	0	50	31	1	23	1	X X X X	X X X X		
ORANGE REVIVER	16 oz	100	0	0	0	0	50	22	1	19	1	X X X X	X X X X		
HOUSEMADE LEMONADE - TRADITIONAL	16 oz	190	0	0	0	0	10	50	0	48	0	X X X X	X X X X		
HOUSEMADE LEMONADE - CUCUMBER MINT	16 oz	130	0	0	0	0	35	34	0	32	1	X X X X	X X X X		
HOUSEMADE LEMONADE - BLUEBERRY BASIL	16 oz	160	0	0	0	0	30	42	0	40	1	X X X X	X X X X		
HOUSEMADE LEMONADE - FROZEN STRAWBERRY	16 oz	190	0	0	0	0	15	51	0	49	1	X X X X	X X X X		
FRUIT STAND LEMONADE - BLACKBERRY BRAMBLE	16 oz	230	0	0	0	0	15	62	0	60	1	X X X X	X X X X		
FRUIT STAND LEMONADE - SUMMER STONE FRUIT	16 oz	240	0	0	0	0	15	63	0	60	0	X X X X	X X X X		
FRUIT STAND LEMONADE - MANGO GROVE	16 oz	240	0	0	0	0	15	64	0	61	1	X X X X	X X X X		
FRUIT STAND LEMONADE - BLACK CHERRY ORCHARD	16 oz	240	0	0	0	0	10	63	0	60	1	X X X X	X X X X		
ICED TEA - BLACK	16 oz	0	0	0	0	0	15	0	0	0	0	X X X X	X X X X		
ICED TEA - MANGO GREEN	16 oz	0	0	0	0	0	15	0	0	0	0	X X X X	X X X X		
COLD BREW ICED COFFEE	16 oz	0	0	0	0	0	15	0	0	0	0	X X X X	X X X X		
TOasted MARSHMALLOW LEMONADE (includes 1 portion of Cold Foam)	16 oz	300	2.5	0	0	15	35	63	0	70	0	X X X X	X X X X	Milk, Soy	
TOasted MARSHMALLOW COLD BREW ICED COFFEE (includes 1 portion of Cold Foam)	16 oz	60	0	0	0	0	15	13	0	13	0	X X X X	X X X X	Milk, Soy	

ADD-INS																
ALMOND MILK	2 oz	15	1	0	0	0	45	2	0	1	0	X X X X	X X X X	Tree Nuts		
OAT MILK	2 oz	35	2	1	0	0	25	4	1	2	<1	X X X X	X X X X			
HALF-AND-HALF	2 oz	90	6	4	0	30	55	4	0	2	2	X X X X	X X X X	Milk		
COLD FOAM	1 oz	60	2.5	0	0	15	25	0	0	9	0	X X X X	X X X X	Milk, Soy		
SIMPLE SYRUP SHOT (24 oz Cup)	1 oz	70	0	0	0	0	0	18	0	18	0	X X X X	X X X X			
CARAMEL FLAVOR SHOT (24 oz Cup)	1 oz	80	0	0	0	0	0	20	0	19	0	X X X X	X X X X			
HAZELNUT FLAVOR SHOT (24 oz Cup)	1 oz	80	0	0	0	0	0	19	0	19	0	X X X X	X X X X			
VANILLA FLAVOR SHOT (24 oz Cup)	1 oz	80	0	0	0	0	0	20	0	20	0	X X X X	X X X X	Tree Nuts		
SUGAR-FREE VANILLA FLAVOR SHOT (24 oz Cup)	1 oz	0	0	0	0	0	0	0	0	0	0	X X X X	X X X X			
TOasted MARSHMALLOW FLAVOR SHOT (COLD BREW - 24 oz Cup)	1 oz	60	2.5	0	0	15	25	9	0	9	0	X X X X	X X X X			
TOasted MARSHMALLOW FLAVOR SHOT (LEMONADE - 24 oz Cup)	.75 oz	50	0	0	0	0	0	13	0	13	0	X X X X	X X X X			
BLACKBERRY FLAVOR SHOT (24 oz Cup)	.75 oz	60	0	0	0	0	0	13	0	13	0	X X X X	X X X X			
STONE FRUIT FLAVOR SHOT (24 oz Cup)	.75 oz	60	0	0	0	0	0	14	0	13	0	X X X X	X X X X			
MANGO PUREE (24 oz Cup)	1 oz	80	0	0	0	0	10	20	0	19	0	X X X X	X X X X			
BLACK CHERRY PUREE (24 oz Cup)	1 oz	80	0	0	0	0	0	18	0	18	0	X X X X	X X X X			
SIMPLE SYRUP SHOT (16 oz Cup)	.75 oz	0	0	0	0	0	0	14	0	14	0	X X X X	X X X X			
CARAMEL FLAVOR SHOT (16 oz Cup)	.75 oz	50	0	0	0	0	0	13	0	13	0	X X X X	X X X X			
HAZELNUT FLAVOR SHOT (16 oz Cup)	.75 oz	50	0	0	0	0	0	12	0	12	0	X X X X	X X X X	Tree Nuts		
VANILLA FLAVOR SHOT (16 oz Cup)	.75 oz	50	0	0	0	0	0	13	0	13	0	X X X X	X X X X			
SUGAR-FREE VANILLA FLAVOR SHOT (16 oz Cup)	.75 oz	0	0	0	0	0	0	0	0	0	0	X X X X	X X X X			
TOasted MARSHMALLOW FLAVOR SHOT (COLD BREW - 16 oz Cup)	.75 oz	60	0	0	0	0	0	13	0	13	0	X X X X	X X X X			
TOasted MARSHMALLOW FLAVOR SHOT (LEMONADE - 16 oz Cup)	.5 oz	40	0	0	0	0	0	9	0	9	0	X X X X	X X X X			
BLACKBERRY FLAVOR SHOT (16 oz Cup)	.5 oz	35	0	0	0	0	0	9	0	9	0	X X X X	X X X X			
STONE FRUIT FLAVOR SHOT (16 oz Cup)	.5 oz	35	0	0	0	0	0	9	0	9	0	X X X X	X X X X			

